Spot a stroke.
BE FAST.

If you notice any of these signs, even if they go away, call 112 immediately.

B — Balance
Sudden loss of balance, dizziness or trouble walking

E — Eyes
Sudden blurred, double or lost vision

F — Face
One side of the face droops. Ask them to smile

A — Arm
Weakness in one arm or leg. Ask them to raise both arms

S — Speech
Slurred or confused speech. Ask them to repeat a sentence

T — Time
Call 112 now and get to the nearest hospital

Call 112 now. Note the time symptoms started.

WellSoki
WELLNESS CENTER

WellSoki Stroke Awareness Movement
wellsoki.com/stroke-awareness/know-the-signs